

Who Can Advise Me on Getting Mental Health Services in Juneau?

Juneau Alliance for Mental Health, Inc. (JAMHI) (All Ages)

Description: The Juneau Alliance for Mental Health, Inc. (JAMHI) has provided quality community based mental health services in Juneau since 1985. JAMHI develops individualized mental health treatment plans to meet the specific needs of clients while helping them live in the community where they can be close to and receive the support of friends and family. JAMHI is committed to the philosophy of psychiatric rehabilitation. JAMHI provides the following range of services and support: Emergency Services 24 hours a day, 7 days a week; Case Management and Support Services; Residential Support Services; Rehabilitation Services; Clinical and Psychiatric Assessments; and Medication Management.

Location: 3406 Glacier Highway, Juneau AK 99801

Hours: 24 hours, 7 days a week

Email: info@jamhi.org

Contact: (907) 463-3303

For the most current information, visit their website at: www.jamhi.org

(Updated 2/09)

National Alliance On Mental Illness (NAMI) - Juneau (All Ages)

Services: Advocacy, education, support, and referral. In addition, NAMI-Juneau provides advice to individuals and families who want help navigating the system, or general support in dealing with a mental illness issue.

Location: Polaris House P.O. Box 21661 Juneau, AK 99802

Email: Ahozid@alaska.net

Contact: Aaron Hozid, Executive Director (907) 780-6675

For the most current information, visit their website at: www.nami.org/sites/alaska

(Updated 2/09)

Juneau Youth Services (Children and Youth; Ages 3 to 21)

Description: Juneau Youth Services began operations in 1961. They provide a full array of emergency, assessment/out-patient, school-based and residential services for children and youth ages 3 through 21, who have mental health and/or substance use issues.

Location: Administration Building at 2075 Jordan Avenue (next to Lyle's Furniture)

Contact: (907) 789-4733

For the most current information, visit their website at: www.jys.org

(Updated 2/09)

Juneau School District School Psychologists and Counselors (Students)

Description: The Juneau School District Student Services Department has five psychologists who assist with evaluation and screening of students who may need special services. You may also contact your child's school counselor(s) for mental health support and resources. The Student Services Department is implementing the "Signs of Suicide (SOS)" Program, which provides mental health awareness and promotes suicide prevention as well as screen for mental health concerns. The program also helps families access appropriate treatment resources as needed. For more information on the SOS Program go to the "SOS High School Curriculum" tab on the left side of the Juneau Suicide Prevention home page <http://juneausuicideprevention.org/>.

Location: Various schools

Hours: School hours

Email: Echo Robidoux - robidou@jsd.k12.ak.us

Contact: To contact our psychologists call the Student Services Office at 780-2063

For the most current information, visit their website at:

<http://www.jsd.k12.ak.us/newdistrict/departments/student-services/psychologists.php>

(Updated 2/09)

Southeast Alaska Regional Health Consortium (SEARHC) (Primarily Native Americans)

Description: SEARHC Behavioral Health Services offers a wide range of behavioral health services with psychiatrists, clinical psychologists and behavioral health therapists on staff.

Behavioral health services include:

- Individual, couples, and family therapy
- Children's services
- Psychiatric assessments and medication management
- Individual treatment for psychological trauma
- Substance abuse counseling with referral to residential programs
- Behavioral health counseling and prevention services

Location: 3245 Hospital Drive, Juneau AK 99801

Hours: Mon-Fri 8am-5pm

Email: webmaster@searhc.org

Contact: (907) 364-4445

For the most current information, visit their website at: www.searhc.org

(Updated 2/09)

Tribal Family and Youth Services - Tlingit and Haida Central Council (Tribal Members)

Description: Provides culturally sensitive services to assist in economic self-sufficiency and social well-being of tribal members, families, and tribal communities. Social Services programs ensure the entire needs of the family are taken into account when a crisis situation exists. Department staff deliver, or advocate for the delivery of, services that are appropriate to the nature of the social problem with cultural sensitivity given the Native family and environment in which the crisis occurs. Services include: maintaining the first line of defense in a system of services aimed at supporting, serving, and protecting children; and ultimately, striving to prevent the unwarranted breakup of Native families; providing adult services, both financial assistance and individual counseling, which are essential to easing personal crises; providing opportunities for self-development of clients receiving general assistance in order to enhance their employability; and upholding the pride of those needing financial assistance; delivering services to Tribal elders in a fashion which will ensure utilization of their knowledge and contributions toward the enrichment and preservation of the culture and heritage of the Alaska Native people.

Location: Tribal Family and Youth Services, 320 W. Willoughby Avenue, Suite 300 Juneau, AK 99801

Contact: (907) 463-7169

For the most current information, visit their website at: www.ccthita.org/socsvs.html

(Updated 2/09)

Catholic Community Services

Description: The Family Resource Center provides a family friendly environment in which parents and children can access a comprehensive array of services focused on family strengthening. We provide extensive home visitation, case management services and life skills education to families. We also provide Therapeutic Foster Care and clinical support services for youth. This program provides treatment resources for children and families whose Severely Emotionally Disturbed (SED) children experience the co-occurrence of Developmental Disability (DD), Fetal Alcohol Spectrum Disorder (FASD) and Traumatic Brain Injury (TBI) and other

cognitive dysfunctions. This program serves children that are either returning from out of state treatment and those about to be sent out of the state for treatment. For seniors we provide Care Coordinators who assess needs, determine eligibility for programs and benefits, and secure and monitor services in the home and community. Seniors and their caregivers, 55 and older, are also eligible to receive free counseling services for depression and other mental health issues through our Senior Counseling program.

Location: 419 Sixth St, Juneau, AK 99801

Contact: (907) 463-6180 or (907) 463-6100 - Family Services,
(907) 463-6192 - Senior Services

For the most current information, visit their website at: www.ccsjuneau.org

(Updated 2/09)

University of Alaska Southeast Counseling Services (University of Alaska Students)

Counselor/Therapist: Susan Wylie, LPC, Coordinator

Address: UAS Campus - Maurant Building 115, 11112 Glacier Hwy., Juneau, AK 99801

Phone: (907) 796-6000

Email: susan.wylie@uas.alaska.edu

Serves: Available for students registered for 6 or more credits

Substance Abuse Services? Yes

Other Comments: None listed (Updated 2/09)